BIRTH PARENTS
BRIDGING THE GAP OF SEPARATION WITH THEIR CHILDREN
• A CONTINUUM OF CONTACT •

- Send cards/letters to child at FH via social worker
- Send family pictures to child via social worker
- Attend all visits/meetings
- Attend all classes/appointments
- Make regular contact with SW
- Plan special activities for visits
- Remember child's birthday/holidays
- Talk w/child about separation
- Write down important info about child such as diet, routine, habits, etc.

- Discuss child's activities w/fp at visits
- Share family info with fp
- Arrange phone calls from child
- Develop positive relationship with fp
- Talk with fp at agency meetings
- Give fp your home phone number
- Attend school meetings with foster parent
- Help develop the child's lifebook
- Include fp in visitation activities
- Do not make unrealistic promises to child
- Avoid giving child a specific date for reunification
- Learn about, understand and respect the fp's culture

- Invite fp to your home
- Phone child at foster home
- Invite fp to child's birthday party
- Review child's behavior w/fp
- Invite fp to attend parenting classes with you
- Ask fp for help in locating community resources
- Include fp in child's return home

- Visit child in foster home
- Work w/fp on discipline problems
- Call fp for help w/ parenting
- Call child to keep in contact w/fp after reunification
- Work with fp to solve school
- Include fp in holiday festivities
- Show appreciation to fp
- Offer to take child to appts